

# HELEN BERTELS

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I was born in 1978 in Cottbus (Germany). I grew up and went to school in Ilmenau/Thüringen.

And since 1999 I live in Santiago de Compostela in Spain.

Here I got to know Ana Vallés and Baltasar Patiño with whom I worked during 8 years in the Teatro Galán, the International Festival En Pé de Pedra and their company Matarile Teatro.

Alongside this practical work I concluded my actor's training at the Film School Centre d'Estudis Cinematogràfics de Catalunya (CECC) with Bojan Ivic and Daniela De Vecchi in Barcelona.

In addition to continuing with my work in theater projects and in front of the camera in film and television, I'm starting with my work as creator and with my philosophy studies.

*embodying characters in german, spanish, galician, english, french...*

### *On stage*

- \_2011 Actress in the play of her own creation WIR FRAUEN co-produced with La Tía Mardalina
- \_2010 Actress in the project SMR of José Sanchis Sinisterra coordinated by Daniela De Vecchi
- \_2008 Actress in the play ANIMALES ARTIFICIALES (Direction: Ana Vallés) by Matarile Teatro
- \_2006 Actress in the play ILLA REUNIÓN (Direction: Ana Vallés) by Centro Dramático Galego
- \_2005 Actress in the play HISTORIA NATURAL (eloxio do entusiasmo) (Direction: Ana Vallés) by Matarile Teatro
- \_2004 Ideas and interpretation in the short theater play INFINITESIMAL with Toñito de Poi
- \_2003 Actress in the play ACTO SEGUIDO (Direction: Ana Vallés) by Matarile Teatro  
Idea and interpretation in the short theater play YO, LA ALEMANA
- \_2002 Actress in the play QUEN TE QUERE, QUEN TE CHAMA (Direction: Ana Vallés) by Matarile Teatro
- \_2001 Actress in the play A BRAZO PARTIDO (Direction: Ana Vallés) by Matarile Teatro  
Actress in the short theater play O FRÍO QUE SE QUEDOU by Eugenia Iglesias

### *At Film and TV*

- \_2010 Actress in a comercial for Whiskey DYC produced by Bajocero Producciones  
Actress in the short film CREO QUE SÍ by Angela Anido
- \_2009 Actress in a commercial by Consellería do Mar de Galicia by STABLE  
Actress in the short film LA VENTANA QUE DA A LA CALLE directed by Ilaria Gambarelli  
Actress in the short film AMY DOESN'T LIKE ME by Simon Lischka

### *Education*

2011

Training -Coaching- for the camera with Macarena Pombo at Central de Cine (Madrid)

Singing lessons with Ramón Vázquez

2010

Acting for the camera without judging yourself with Macarena Pombo

Audovisual Interpretation and Professional Training with Alejandro Albaiceta

Acting for the camera with Sonia Méndez

Singing lessons with Ramón Vázquez

2009

Drama in Englisch (Shakespeare) with Kevin Stewart

Voice course with Ramón Bermejo  
Acting for the camera with Sonia Méndez  
Audiovisual acting and professional training with Alejandro Albaiceta

2008-2009 study of drama (Method Acting Avanzado) with Bojan Ivic and Daniela De Vecchi at *Centre d'Estudis Cinematogràfics de Catalunya* of Barcelona.

From 2002 until 2005 participation in theatre intensive courses with Sandro Dieli, Kameron Steele, Patricia Ruz, Sara Molina, Peter Laros and Ana Vallés.

From 2000 until 2006 participation in dance intensive courses with Francesc Bravo, Mónica Valenciano, Andrés Corchero, Constanza Brcnic, Hisako Horikawa, Bárbara Monteagudo, Dominik Borucki, Carmen Werner, Juschka Weigel, Janet Rühl and Arnd Müller, Ana Eulate and Daniel Abreu.

*See you*

### *Education*

German (native language)  
Spanish (fluent)  
English (fluent)  
Galician (fluent)  
French (intermediate)

### *Measurements*

Shoes: 38/39 \* Jackets and trousers: 38  
Bust: 89 \* Waist: 71 \* Hip: 86  
Height: 1.67m \* Weight: 62kg  
Eyes: greygreenblue \* Hair: dark ash blond \* Skin: light

### *Miscellaneous*

Residence: at the moment in Santiago de Compostela (I have no problem with travelling for work)  
Skills: Singing, swimming, contemporary dance, classical ballet, cross-country skiing and nordic skiing

